# WIDER WORLD 3 SECOND EDITION

## Your SET FOR LIFE Bookmarks

### Keep calm when things go wrong

**USEFUL TIPS**

When something bad happens, we often feel stressed or sad. It's important to keep calm and control negative feelings.

- Breathe slowly.
- Don't focus on your mistakes or bad luck.
- Focus on things that you can do to improve the situation.
- Don't think about bad things that aren't likely to happen.
- Remember that friends often give good advice.

**USEFUL PHRASES**

**Finding something good in a bad situation**

- ☐ It isn't the end of the world.
- ☐ At least …
- ☐ It's lucky that …

**Being a friend to someone in a bad situation**

- ☐ Bad luck! What are you going to do?
- ☐ Can you … ?

**Finding solutions**

- ☐ I guess I can …
- ☐ Maybe I can …
- ☐ Perhaps the best thing is to …



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### Lead a team

**USEFUL TIPS**

When you are leading a team of people, it's important to think carefully about how you work together.

- Vote to make team decisions.
- Remember that you can't do everything yourself.
- Spread the jobs fairly between the people in the team.
- Explain clearly what you want people to do.
- Encourage people and thank them for their ideas.

**USEFUL PHRASES**

**Choosing an event**

- ☐ I love the idea of a …
- ☐ … is probably (not) the best way to make a lot of money for charity.
- ☐ Let's vote. Who votes for a … ?

**Giving the right job to the right person**

- ☐ People who … are usually good at …-ing.
- ☐ I think creative/shy/funny people enjoy that kind of job.
- ☐ We need creative/strong/confident people to …
- ☐ Can … print … ?
- ☐ Who can we ask to … ?
- ☐ Let's ask … to …



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How to use your Set for Life bookmark:

1. Mark your page in a book with it.
2. Use it to cover parts of an exercise in your coursebook to test your memory.
3. Stick it to your desk or computer to revise or implement its hints and expressions.
4. Add it to your collection of bookmarks 😊.

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## Your SET FOR LIFE Bookmarks

### Be an eco-friendly traveller

**USEFUL TIPS**

When you choose transport, it's important to make eco-friendly choices when you can. Transport can have a big effect on the environment.

- Avoid vehicles with engines. Use vehicles without engines and travel on foot.
- Avoid planes and petrol cars. Share transport, or use coaches, trains and electric cars.
- Avoid longer journeys.

**USEFUL PHRASES**

Why don't we … ?
Maybe we could …
… is an eco-friendly choice.
… is better for the environment than …
… (don't) produce a lot of greenhouse gas.
It'll be fun/interesting/cheaper.
It'll be slow/boring/more expensive.



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### Make a decision

**USEFUL TIPS**

When you make decisions, it's important to consider short-term and long-term reasons, and make the best decision with the information available.

- Make sure you know all the facts before you decide.
- Make lists of reasons for and against.
- Think about both long-term and short-term reasons.
- Choose the decision with the more important reasons.

**USEFUL PHRASES**

**Reasons for and against**

One long-term/short-term advantage is that …
In the long/short term, it's (not) a good idea because …
If you (didn't) … , you would(n't) …

**What should influence a decision**

That's a very important point.
That's the biggest reason for … -ing.
I don't think that should influence the decision very much.
That doesn't matter very much because …
I think … is a bigger issue than …



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