

Word/Phrase	Part of speech	IPA (UK)	IPA (US)	Definition	Sample sentence
Free-time activities					
cook a meal	verb phrase	kʊk ə mi:l	kʊk ə mil	to prepare food for eating	I often cook a meal for friends on the weekend.
go for a walk	verb phrase	ɡəʊ fə(r) ə wɔ:k	ɡoʊ fɔr ə wɔk	to walk for pleasure	We like to go for a walk on Sunday afternoons.
go running	verb phrase	ɡəʊ ˈrʌnɪŋ	ɡoʊ rʌnɪŋ	to run to be healthy	I go running most evenings.
go shopping	verb phrase	ɡəʊ ˈʃɒpɪŋ	ɡoʊ ʃɑpɪŋ	to buy things in stores	We usually go shopping on Saturday morning.
go to the gym	verb phrase	ɡəʊ tə ðə dʒɪm	ɡoʊ tə ðə dʒɪm	to exercise in a place with equipment designed for exercise	I don't go to the gym much these days.
play chess	verb phrase	pleɪ tʃes		to play a game for two people, played on a board with black and white squares, using different shaped pieces, including two kings. The goal is to get the other player's king into a position where it cannot move	She always wins when we play chess together.
sit in the backyard	verb phrase	sɪt ɪn ðə ˌbækˈjɑ:(r)d	sɪt ɪn ðə ˌbækˈjɑrd	to relax in the area behind a house that has grass and plants in it	I like to sit in the backyard when the weather is nice.
take a bath	verb phrase	teɪk ə bɑ:θ	teɪk ə bæθ	to wash in a lot of water in a bathtub	I sometimes take a bath to relax.
Food					
apple	noun	ˈæp(ə)l		a hard red, green or yellow fruit with a sweet white inside	I like to eat an apple a day.
banana	noun	bəˈnɑ:nə	bəˈnanə	a long, curved yellow fruit	I usually have a banana for breakfast.
bean	noun	bi:n	bin	a seed of various plants that is cooked and eaten. There are many different types of beans, for example kidney beans, soybeans, and green beans.	Mike frequently eats baked beans with his lunch.
bread	noun	bred		common food made from flour, water and usually yeast (a substance that makes the bread grow larger)	Bread and butter is a quick, easy snack.
broccoli	noun	ˈbrɒkəli	brakəli	vegetable of green stems with many small green or purple buds on the ends	Some people don't like broccoli , but I do.
cereal	noun	ˈsɪəriəl	ˈsɪriəl	food made from grain, for example wheat, oats or corn, mainly eaten with milk for breakfast	Jo always has cereal and milk for breakfast.
cheese	noun	tʃi:z	tʃɪz	a solid food made from milk	Cheese on crackers is a very nice snack.
chicken	noun	ˈtʃɪkɪn	ˈtʃɪkən	a bird raised for its eggs and meat	Should we have chicken on Sunday?
chip	noun	tʃɪp		a snack food usually made from potatoes or corn, cut into thin pieces and then fried or baked	It's noisy eating chips in the movie theater.
chocolate	noun	ˈtʃɒklət	ˈtʃaklət	a sweet brown food eaten as candy or used for flavoring other food	Chocolate is delicious, but don't eat too much!

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cookie	noun	'kʊki		a type of small flat dry cake that is usually sweet and round	Would you like a cookie with your milk?
cucumber	noun	'kjuː,kʌmbə(r)	'kju,kʌmbər	a long thin vegetable that has a dark green skin and is light green inside. It is usually eaten uncooked in salads.	You can add cucumber to water to make a refreshing drink.
drink	noun	driŋk		a liquid that someone drinks	Cassie always has a drink and a snack when she comes home from school.
egg	noun	eg		a round object with a shell that a female bird produces and a baby bird develops in. We eat some eggs as food, especially chickens' eggs.	Would you like a hard-boiled egg ?
fish	noun	fɪʃ		an animal that lives in water and swims. We eat some fish as food.	Let's have fish tonight for a change.
fruit	noun	fru:t	frut	a type of food that grows on trees or plants. It tastes sweet and contains seeds or a stone.	It's healthy to eat fruits and vegetables.
grape	noun	greɪp		a small green or purple fruit that grows in bunches on a vine, used for making wine and eating	That looks like a nice bunch of grapes .
juice	noun	dʒu:s	dʒus	the liquid that comes out of fruits or vegetables when you squeeze them and is typically used as a drink	I'm thirsty – I'd love some orange juice .
milk	noun	mɪlk		a white liquid that comes from cows, goats and sheep, which people drink and use in cooking	Laura usually drinks ½ a liter of milk every day.
noodle	noun	'nu:d(ə)l	'nud(ə)l	a type of pasta in the form of long thin pieces that cooks quickly	Chicken and noodles is my favorite Chinese food.
onion	noun	'ʌnjən		a round vegetable with thin dry skin and many layers inside that tastes and smells very strong	Cook the onion first, then add the meat.
orange	noun	'brɪndʒ	'brændʒ	a round fruit that has a hard orange-colored skin and is very sweet inside	Would you like an apple or an orange ?
pasta	noun	'pæstə	'pastə	an Italian food made from flour and water, and sometimes eggs. There are many different forms of pasta, for example spaghetti, ravioli and lasagne	We ate a lot of pasta in Italy.
peanut	noun	'piː,nʌt	'pi,nʌt	a type of nut that grows under the ground inside a thin shell that we frequently eat salted	Pass the peanuts , please – they're very tasty.
pear	noun	peə(r)	per	a fruit that is smaller toward the stem end and is white inside. It has yellow, green or brown skin and is sweet inside.	I usually have a pear for dessert at lunchtime.

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potato	noun	pə'tetəʊ	pə'tetou	a very common hard round vegetable that has a brown, red or yellow skin and is white or yellow inside. It grows under the ground and is cooked in many different ways.	Chefs like potatoes because they can cook them in so many ways.
rice	noun	raɪs		a food of small white or brown grains that we cook and eat	Sushi is usually made with rice and fish.
snack	noun	snæk		a small amount of food that you eat between meals	Amy always has a snack when she leaves work.
tea	noun	tiː	ti	a hot brown drink made by pouring boiling water onto the dried leaves of the tea bush	I'd love a cup of tea !
tomato	noun	tə'mɑ:təʊ	tə'metou	a round red fruit eaten as a vegetable, uncooked in salads or cooked in other dishes	We had a tasty tomato salad for lunch.
vegetable	noun	'vedʒtəb(ə)l	'vedʒ(ə)təb(ə)l	a part of a plant used as food	Some people grow their own vegetables to eat or sell.
water	noun	'wɔ:tə(r)	'wɔtər	the clear liquid that falls as rain and is used for things such as drinking and washing	Cold water with ice – very refreshing!